



Jacob Barnett



Q) Which A Levels did you do in Sixth Form?

BTEC Sport and IT.

Q) What are you doing now?

I'm studying Sport and Exercise Science at Leeds Beckett University. As senior Taekwondo British Champion, I'm in the Great Britain U21 squad, and looking forward to Tokyo 2020. I'm also a Quest Taekwondo coach.

Q) Any advice for our current students?

Never stop doing what you enjoy the most, and work hard at it.

Q) Where do you see yourself in five years?

A qualified Strength and Conditioning coach, full-time Taekwondo coach – and Olympic champion!

Summer 2016